



# NEWSLETTER Spring 22

I finally returned to Uganda in February after a two year break, because of covid for a 5 week visit. Thankfully covid is not a big issue in Uganda and I had no problem during my visit.

I had set 3 main objectives. Firstly to renew relationships, both with the team who support the work in Uganda and to make new contacts. This was wonderfully achieved. I have included several photos of contacts and communities I am involved with.

My second objective was to begin to work with Zenah (administrator and pending Executive Director of LHAA) on creating a Community Based organisation (CBO) for LHAA. This could eventually become an NGO. During my trip we met (and Zenah was offered an internship) with a Christian NGO called 'Hope and Peace for Humanity'. This will introduce her to all aspects of leading a CBO/NGO in Uganda. This is a wonderful opportunity and Zenah will start this journey in May 2022.

The third objective was to support the development of our Kinene Compound which we have named 'the City of Joy'. We now have a compound wall built surrounding the compound and slowly accommodation is being developed.

All told this was a good visit. Tiring, due to constant temperatures of 36-7°C and very hot nights.

But the work is successfully changing lives. Emergency food and clothing, medical support, school fees etc.

Zenah heard that she had passed her final semester exams and she now has a BSc Hons in Information and Communications Technology.

Norman is waiting to hear if he has also gained his Development Studies BA.

The graduation ceremony is likely to be in June and I will be returning for this celebration.

We are endlessly grateful for the very generous donations we receive on an ongoing basis. I thank every one of you who has given! African lives are changed through your generosity.

---

If you would like to talk to me about anything I'm doing in Uganda I would love to chat! 07966 491673 (UK)

"Let us love one another for love is of God."  
1 John 4:7

*David and Zenah at the equator*



# SPONSORSHIP

Every penny we receive in donations goes towards a range of projects. Here are our latest.

## Sisal Age 10 months

Sisal is a 10 month orphan girl living in Arua, Northern Uganda.

She was living with her grandmother, who because of the covid shutdown ran out of money and food to feed her.

Sisal has now come to our land in Kigoma, Klyrandongo District and been given the support of clan members.

We are buying milk, food, nappies clothes etc to support Sisal's care.

On the right is Sisal with Norman at Kigoma.



## Education

For a variety of reasons children do not get the opportunity to go to school in the villages.

Here, in this photo we have village children many of whom have never had the opportunity to go to school. Those that have are likely to leave primary within 3 years.

Often it is only the boys who get the opportunity. The cost includes teacher fees, uniform, books, brushes (even cement!) and food for lunch.



## Clothes and Devices

I always take out spare clothes for children in Uganda.

Molly received 3 different sets of clothes kindly donated by a family friend.

She is an orphan and lives as part of Zenah's household.

In Africa, any clothes we take out will be shared with other clan children. Ownership of clothes is seen very differently in Uganda.

We also had an old laptop donated that went out to Uganda on this trip. The laptop will be loaned to a gifted child for his secondary schooling.

We took out 2 old mobile phones from the UK that were shared out to people in need.



## COULD YOU SPONSOR A GIRL?

### **ACTION** urgently required:

We are still looking for sponsorship for Grace and Efrua who would love to go to primary school but do not have a sponsor.



**Grace**



**Efrua**

### **Could you sponsor a girl?**

The cost of school fees vary per school and the commitment is needed for a whole primary programme. Even a 50% scholarship would help make all the difference. Even in the villages, school means mental and social development. Spiritual values are especially valued. If you are interested in sponsoring either child, please contact David, [david@lethopeariseafrica.org](mailto:david@lethopeariseafrica.org). Estimated termly school fees £70 (3 terms a yr).

# COMMUNITY PROJECTS

We are also beginning to fund community development in Kigoma and Kinene. Our first project is a football tournament amongst boy's local village teams.

## Football

80% of the population of Uganda are not in permanent employment.

Most boys and men only get subsistence work so village football is very important.

The tournament has ten teams of 17 players (170 men) who play each other. Then one player is nominated as the coach and joins a coaching programme with the other 9 coaches.

They have to coach their team to improve. A second tournament is then held 4 months later.

Each team pays a registration fee of 20,000 UGX (approx. £5). The money paid for referees and linesmen. We provided the prizes for the top 4 teams.

A village member might sell a piece of land to sponsor their team's kit!

Our hope is that this will become a league and that women's football will be encouraged.

Football is a very popular spectator sport too!



# LIFE IN AFRICA

Life in Uganda is very different to the UK. On my recent trip I documented some of the differences.

## Markets

The local indoor market in Gulu where most of the local food is bought.



## Ankole Cattle

Have you seen ankole cattle? Their horns are up to a metre long. They can cause great damage to crops and young trees.

We are having to fence a pine plantation in Kinene because of the damage they are causing but are in the very fortunate position of having a donation to help with the cost.



## Ugandan sheep

African sheep are a different shape to European sheep. They look a lot like goats!



## Transport

Getting from one place to another in Uganda is a little different to the UK!

Here's Rachael, Lynette and Gertrude on the back of a motorbike taxi (boda), they might travel for 45 minutes on village tracks to get home.

Spot the helmet! They are not legally required in Uganda.



## Recording studio

Zenah, the LHAA administrator, was invited to represent women on International Women's Day. This was a one hour broadcast at the local radio station.

She is seen as a strong advocate for local women to get involved in volunteering and community development.

It was really successful with a number of phone ins complimenting her on her interview.



# MY PERSONAL PROJECT

My passion is to create a safe and joyful compound. The aim is for Zenah to live and manage the Let Hope Arise Africe Community Based Organisation (CBO) from this location.

## Kinene Compound - City of Joy

Our compound is progressing, I have many stories of this project!

One day 13 men arrived wanting work. Zenah (a tough negotiator) offered a daily wage but 8 of the men refused, so they left. The 5 worked for the day digging foundations for the walls including removing a large tree root that had previously been chopped down by someone.



The next day the 8 came pleading to work for the same wage as the 5! The previous evening the 5 had returned home with money to buy food for their families and the 8 watched enviously! But 5 were enough to do the job, so some of the 8 just hung around hoping for a little paid work.

We provide lunch for all of the workers and employed a woman to cook for the 5 lads, our 2 permanent lads (Dema and Aniku) and the builder Ambrose.

We also provide employment for women to fetch water from the river in 5 litre jerry cans.

The compound brick wall is progressing well, the wall is being built for safety. Sadly due to covid in the last two years in Uganda thieving has increased and the wall will protect everything within it.



## Coffee

I visited a coffee plantation in south western Uganda.

Coffee is a productive and valuable crop to grow. We are looking to start a small coffee area in Kinene of about a third of an acre in 2022.



## Quadruplets

In Entebbe, we were informed of an unusual situation.

A mother had given birth to quadruplets and was living in a small village house with only one room.

There was a real need to help her move to 2 rooms and get some help for food and care for the children. We have partnered with Hannah from 'Kickstart Coffee' (UK based Ugandan coffee importer) to support this family.

